

Engaging[™]
Dementia

Formerly Sonas[®] apc

Flourishing Activities Programme

WITH JOYCE FITZGERALD
(SOCIAL AND THERAPEUTIC
HORTICULTURIST)

STIMULATING AND RELAXING ACTIVITIES
FOR PERSONS LIVING WITH DEMENTIA

PRACTICAL STRATEGIES AND RESOURCES
TO IMPROVE MENTAL HEALTH THROUGH
NATURE AND MUSIC

DISCUSSION WORKSHOPS

MINDFULNESS SESSIONS

Leading
Healthcare
Providers

Skillnet,